OPTIONAL, NO PRESSURE, JUST FOR FUN

HOMEWORK

for

NOVEMBER 15th

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 Pick one item from the list and write about how

 you benefit from or incorporate it into your writing habits:

1) Turn off distractions.

2) Use a timer.

3) Use a goal buddy.

4) Set goals.

5) Reward yourself.

6) Break up the day into chunks.

7) Follow a formal productivity regime

8) Use to-do lists.

9) Work when nobody else is.

10) Work when you’re “on”.

11) Tackle the hardest stuff first.

12) Hire help.